

## **DAILY MAINTENANCE – Home Care Products**

CLINICCARE have created a home daily beauty plan recommended for your client, post treatment, to optimise and maintain skin health until their next visit. There are three ranges targeted to specific skin concerns:

**GLOW** - For hyperpigmentation, age spots and dull tired skin.

**PURE** - For sensitive, irritated or inflamed skin (e.g. acne-like conditions).

**REFRESH/TIGHT** - For fine lines, wrinkles, firmness and moisture.

# Younger skin (normal to oily)

# Morning and evening:

- Cleanse the face, neck and lower neck using Concentrated Cleansing Foam
- Tone skin by spraying the face with suitable X3M EGF Liquid Moisturizer
- Apply Lip & Eye Renewal Cream on eye and lip area (morning only)
- Apply suitable X3M EGF Essence to face and neck, and on top of that
- Apply **Sun Shield Cream SPF30** or **Dermo Corrective Cream SPF50** (morning only)

# Younger skin (normal to dry)

## Morning and evening:

- Cleanse the face, neck and lower neck using Cleansing Lotion
- Tone skin with suitable X3M EGF Liquid Moisturizer
- Apply **Lip & Eye Renewal Cream** on eye and lip area (morning only)
- Apply suitable X3M EGF Serum to face and neck, and on top of that
- Apply Sun Shield Cream SPF30 or Dermo Corrective Cream SPF50 (morning only)

### **Mature skin**

### Morning:

- Cleanse the face, neck and lower neck using Concentrated Cleansing Foam or Cleansing Lotion
- Tone skin by spraying the face with suitable X3M EGF Liquid Moisturizer
- Apply Lip & Eye Renewal Cream on eye and lip area
- Apply suitable X3M EGF Essence to face and on top of that
- Apply suitable X3M EGF Serum or Premium Time Reverse Cream or Retinol Renewal Cream to face and neck, and on top of that
- Apply Sun Shield Cream SPF30 or Dermo Corrective Cream SPF50 on top

### Evening:

- Cleanse the face, neck and lower neck using Concentrated Cleansing Foam or Cleansing Lotion
- Tone skin by spraying the face with suitable X3M EGF Liquid Moisturizer
- Apply suitable X3M EGF Essence
- Apply suitable X3M EGF Serum or Premium Time Reverse Cream or Retinol Renewal Cream to face and neck

